

## Sharing Your Journey with Kidney Disease: How to Share Your Story to Find a Living Donor

<b>Session Time</b>	March 23 <sup>rd</sup> , 2023 from 7:00-8:00 pm ET
<b>Session Description</b>	In this interactive workshop, you will have the opportunity to learn from Leigh Ann Saylor on how to share your story to identify a living donor. There are many benefits of receiving a transplant from a living donor, including a shorter wait time and less risk of your new kidney failing. This workshop will help you get comfortable with sharing your story, develop speaking points, and practice sharing with others.
<b>Key Learning Objectives</b>	Key points in sharing your story to find a living donor include: <ol style="list-style-type: none"> <li>1. Begin sharing your story with your family and friends</li> <li>2. Practice sharing your story with others and develop talking points</li> <li>3. Consider different methods for sharing your story with others</li> <li>4. Be prepared to share the evaluation process for receiving a living donor and benefits, as well as the risk</li> <li>5. If you are unable to find a donor among the people in your network, consider expanding your search.</li> </ol>

**Moderator:** Leigh Ann Saylor, Founder and Executive Director, Mulligans Living Kidney Donors – How to Share Your Story to Find a Living Donor

### Takeaway Resources:

- ✓ [AKF – How to Ask for a Kidney Donation](#)
- ✓ [AKF – Types of Living Donor Kidney Transplants](#)
- ✓ [AKF – Preparing for a Kidney Transplant](#)