

Family Planning and Kidney Disease

Session Time	March 23rd, 2023, from 3:45 PM ET – 4:45 PM ET
Session Description	Starting a family while having kidney disease is possible. You will hear from Dr. Jessica Tangren who has dedicated her life to helping women navigate pregnancy and discuss the journey from planning and contraception. Genetic counselor, Dawn Laney, will share how genetic testing is key to helping parents with questions and concerns they may have about inheritance. Lastly, you will hear from two patient perspectives, David Rush, and Shayla Harris, who will give insight in becoming parents while battling kidney disease.
Key Learning Objectives	<ol style="list-style-type: none"> 1. Pregnancies for women who have kidney disease remain high risk and complicated, resulting in fetal complications. There are special challenges women with kidney disease face during pregnancy. 2. Post-transplant can have children, but need to follow up with a routine fertility checkup to ensure the function is stable and medication is safe to switch off 2. Genetic testing benefits family planning for reproductive risk counseling. If genetic disease is present, couples may choose IVF, donor with eggs/sperm, adoption, etc.

Moderator: Lauren Andracchio, MPH, Associate Director of Outreach and Strategic Partnerships, American Kidney Fund

Speakers:

- Dr. Jessica Sheehan Tangren, MD, MPH, Assistant Professor of Medicine, Harvard Medical School
- Dawn Laney, MS, CGC, CCRC, Assistant Professor in the Division of Medical Genetics, Emory University
- David Rush, Motivational speaker, patient/doctor consultant, and kidney care advocate
- Shayla Harris, Associate Director of Administration, American Kidney Fund, Transplant recipient, mother of two post-transplant

Takeaway Resources:

- ✓ [AKF – Pregnancy and Kidney Disease](#)
- ✓ [AKF – Living Healthy After a Transplant](#)