

Experiencing Grief with Kidney Disease

Session Time	March 22nd, 2023 from 2:15 PM- 3:15 PM EST
Session Description	While grief is conventionally associated with losing a loved one, it is a broader emotional response that many people living with chronic disease encounter on a regular basis. More specifically, individuals diagnosed with kidney disease (and their loved ones) feel grief in a variety of ways, as they experience psychological, behavioral, and physical loss in their lives upon receiving the initial diagnosis and while adapting to treatments. The panelists will discuss the many dimensions of grief impacting someone living with kidney disease, explain the effect this can have on mental health, and share helpful tools for healing and finding a new balance.
Key Learning Objectives	<ol style="list-style-type: none"> 1. Discuss the experience of grief from initial diagnosis to adjustments to treatments for someone living with kidney disease 2. Share the impact grief can have on overall mental health 3. Encourage patients to share their experiences with their healthcare providers so they can learn about helpful tools and resources

Moderator: Kevin Fowler, Principal, Voice of the Patient

Speakers:

- Elle Lee, LCSW, Owner, Care Therapy Online, Inc.
- Julie Keahey Spears, LBSW, CHC, Kidney Disease Health Coach

Takeaway Resources:

- ✓ [AKF – Mental health and kidney disease](#)