

**Upstream Solutions to Kidney Disease:
Diabetes and High Blood Pressure Prevention and Management**

Session Time	March 23 rd , 2023, from 2:15 PM ET – 3:15 PM ET
Session Description	<p>Panelists will discuss the current state of kidney disease in the United States and issue a call to action. Diabetes and high blood pressure are the cause of 3 out of 4 of new kidney failure cases in the United States. The goal of this session is to educate policymakers on how addressing these diseases can reduce the number of people with end-stage renal disease (ESRD). The briefing will address the links between these diseases as well as a focus on public policy aimed at preventing and managing diabetes and high blood pressure.</p> <p>Speakers will discuss the link between diabetes and chronic kidney disease (CKD). A cardiologist will speak about high blood pressure, and an endocrinologist will speak about diabetes. Legislative staff from patient organizations that focus on diabetes and heart disease will also discuss their organization’s policy work. We will also have a patient and a member of Congress speak about their own personal experiences.</p> <p>The number of people in the United States with CKD is growing, and we believe that the federal government must play a bigger role in preventing and treating CKD before people end up in kidney failure. As the number of people with underlying chronic illnesses increases, the number of people with kidney failure will increase. In the past 10 years, the number of people with ESRD increased by 41 percent; In 2009, there were 574,000 people with kidney failure; that number increased to 809,103 in 2019. This trajectory is expected to continue, which means there will be over one million people with ESRD by 2030.</p>
Key Learning Objectives	<ol style="list-style-type: none"> 1. Discuss the link between diabetes, heart disease and kidney disease. 2. Share how to prevent and manage the underlying causes of kidney disease.

Moderator: LaVarne Burton, President and CEO, American Kidney Fund

Speakers:

- Recorded message from Congressman Donald Payne, NJ-10
- Melissia Baker, AKF Ambassador
- Neha Pagidipati, MD MPH, Cardiologist, Duke University
- Deena Adimoolam, MD, Endocrinologist
- Kristy Anderson, Director, Federal Government Relations, American Heart Association

Takeaway Resources:

- ✓ [AKF – Diabetes and Kidney Disease Fact Sheet](#)
- ✓ [Heart Disease and chronic kidney disease \(CKD\)](#)
- ✓ [American Heart Association – Federal Priorities](#)