

Clinical Trials: Why Your Participation Can Lead to Advancements in Kidney Disease

Session Time	March 24 th , 2023 from 11:50 am to 12:50 pm ET
Session Description	Participating in a clinical trial is key to developing safe treatments to prevent, diagnose and treat kidney disease. Although there are many benefits to participating in a clinical trial, minorities are often underrepresented and are not reflected in the diverse group of people that are impacted by kidney disease. In this session, speakers will provide an overview of clinical trials and explain why your participation can lead to groundbreaking advancements in kidney disease treatments. Attendees will not only be able to learn about online resources available to find and enroll in a trial, but also receive a live demonstration of how to navigate Antidote, a user-friendly website that helps patients identify trials in their area.
Key Learning Objectives	<ol style="list-style-type: none"> 1. A clinical trial tests how well new treatments or other medical procedures work. Without clinical trials, groundbreaking advancements in the treatment and prevention of kidney disease would not happen. 2. Although Black and Latino patients are more likely to have kidney failure, they are less likely to participate in a trial. It's important to promote diversity within trials, as well sharing the benefits, potentials risks, and rights with trial participants. 3. There are various online resources to find a clinical trial near you, however the process of identifying a trial that may be a good fit for you can be a complicated process. Antidote has simplified the process of finding a trial in your region and will provide a live demonstration during the session.

Moderator: Burgess Harrison, MBA, Executive Director, National Minority Health Association

Speakers:

- Anika Lucas, MD, MTS, Nephrologist, Duke University
- Richard Towne, PharmD, RPh, Senior Clinical Informatics Manager, Antidote
- Curtis Warfield, Patient Advocate, American Kidney Fund

Takeaway Resources:

- ✓ [Antidote](#)
- ✓ [AKF – Diversity in Clinical Trials](#)
- ✓ [AKF – The Importance of Increasing Representation in Clinical Trials](#)
- ✓ [AKF – Advantages and Disadvantages of Participating in Clinical Trials](#)