

Advancements in Medical Therapies for Diabetic Kidney Disease

Session Time	March 20 th , 2023 from 4:00 PM ET – 5:00 PM ET
Session Description	Diabetes is the leading cause of chronic kidney disease, which means many people have the challenge of managing both conditions at the same time. Until recently, there have been few treatments to delay the progression of chronic kidney disease and help with diabetes. In this session, doctors and a patient advocate will discuss and answer your questions about new medicines that have shown to improve the health of people living with diabetic kidney disease. You will learn about treatments for diabetic kidney disease such as SGLT2 inhibitors and GLP1 agonists. While these medicines have been highly effective, too many people who need them are not taking them. The panelists will discuss reasons for this and will provide useful tips for talking to your doctor about whether these new treatments are right for you.
Key Learning Objectives	<ol style="list-style-type: none"> 1. Provide an overview of medications that can delay the progression of DKD, including SGLT2i and GLP1 2. Share recent research on the underutilization of these medications and discuss barriers to increase the uptake 3. Empower patients to learn about their eligibility for these medications and encourage them to have conversations with their healthcare providers

Moderator: Michael Spigler, MCHES, Vice President of Patient Support and Education, American Kidney Fund

Speakers:

- Amy Mottl, MD, MPH, Associate Professor of Medicine, University of North Carolina, Division of Nephrology and Hypertension
- Susanne Nicholas, MD, MPH, PhD, Professor of Medicine, David Geffen School of Medicine at University of California Los Angeles
- Patrick O. Gee, PhD, Founder & CEHD, *iAdvocate, Inc.*

Takeaway Resources:

- ✓ [AKF – Diabetes and Kidney Disease Fact Sheet](#)
- ✓ [AKF – Know Your Kidneys](#)